



THE BOSTON HOME
B
EST. 1881



AS A FRIEND of The Boston Home, you are part of a remarkable community whose members care for one another and innovate to improve the lives of people everywhere who are living with progressive neurological conditions.

This photo essay provides a window into that community.

We have prepared this publication to celebrate the lives of the people who live and work here and to introduce a campaign to seek support on their behalf. That campaign will make possible physical improvements in their home, fund activities central to their wellbeing, underwrite life-improving innovation and further the training of caregivers.

Thank you so much for your interest and investment in The Boston Home.

“I feel as if I have my soul back.”

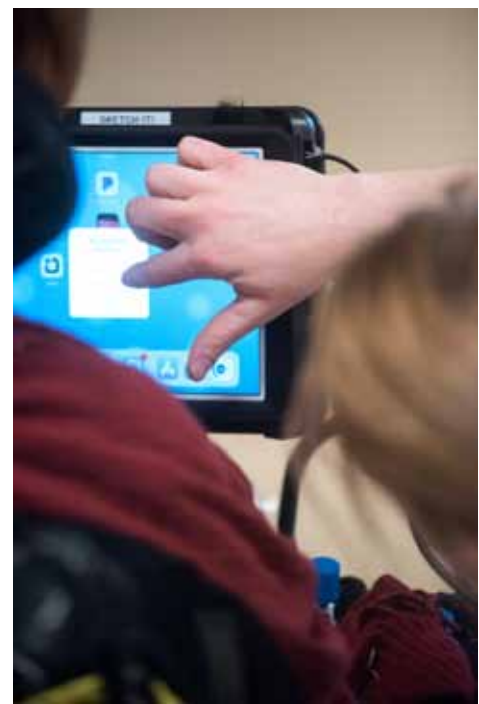


“Compared to living at home, moving here was like moving to heaven. The first day a resident came right up to me and said, ‘don’t think of this as a nursing home. **We all think of it as ‘our home.’** He was right ... [you’re given] the freedom to live your life.”









“**Don** [director of Wheelchair Enhancement Center] mounted my iPad on my wheelchair ... **it opened a world to me.** Now I can communicate with my daughter, my sister, and my friends every day.”



“**I say** goodbye a lot. I’ve said goodbye to the use of my fingers on one hand. Every morning I check to see what I can still move ... **You adjust and find a way to go forward.** But everyone here is in the same boat, and because of all that goes on here, we keep positive.”









“Everyone is so welcoming, especially the residents. I immediately joined the writing and watercolor classes. I helped start a book club and now serve on resident council. I also tutor staff in the ESOL classes. I was a teacher before I moved here. **I loved it then. I love it now.”**







“**Having** MS can be like climbing up a down escalator. The harder you work, the better you stay in place – give up and the faster you decline. **The focus is on what they can still do** in the face of a disease process that has told them for years what they cannot do.”



A Campaign to Support **The Boston Home**

VISIONARY CITIZENS founded The Boston Home 135 years ago to establish a residence for individuals with physical disabilities. Today, consistent with its original mission, The Boston Home remains one of only a few organizations of its type in the nation – providing a community of care, innovation and learning.

We are deeply committed to enhancing the lives of individuals with advanced Multiple Sclerosis, Muscular Dystrophy, Parkinson’s disease, and other

progressive neurological disorders.

Philanthropy has played a critical role in the history of The Boston Home. In fact, we owe our existence to the philanthropy of the organization’s founders and the resulting endowment that continues to support our work.

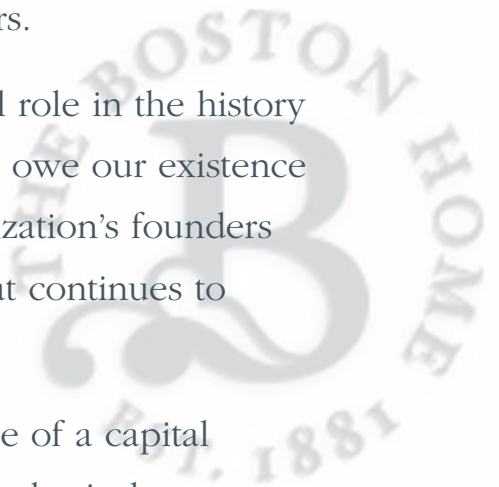
We are now in the advance phase of a capital

campaign to address needs totaling \$5 million to improve our physical environment, sustain and enhance our programming, and expand our efforts to innovate and educate.

Support To Better Serve Our Community

RECOGNIZED BY the National Multiple Sclerosis (MS) Society as a Center for Excellence in Long-Term Care, The Boston Home provides specialized clinical care and residential services for 96 adults and support for their families in its residential facility.

Every home needs constant attention. This is particularly true of The Boston Home, which is tailored to optimize the support of residents with special needs. We require additional investment



to install new windows, renovate resident rooms and bathrooms, make roof repairs, replace an elevator, provide a modern fire alarm system, and upgrade our kitchen. In addition to enhancing the living environment, this modernization will reduce energy costs, freeing operating funds to meet resident needs. We look to philanthropy to address these facility improvements and help us avoid taking on significant debt or tapping into our endowment.

“Each resident is someone’s loved one and special. Someone ought to care. **Why not me?”**



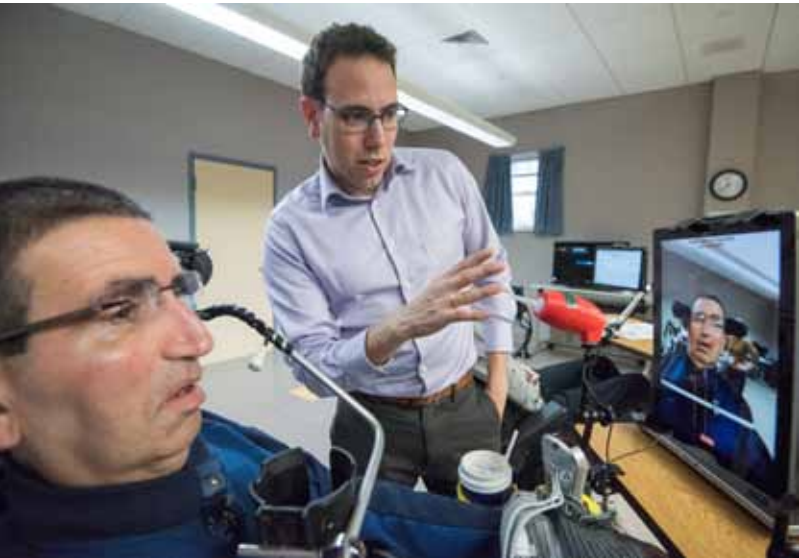
We are also seeking philanthropy for programming to maximize quality of life. A person living with a progressive disease requires support and information for health promotion and prevention, a strong support network of family and friends, satisfying work and leisure activities, a meaningful place in the community and adequate attention to one’s inner self. In response, we provide residents and outpatients of The Boston Home programs that enhance the body, stimulate the mind, nurture the spirit, and bring all together as a mutually supportive community.

These programs are not reimbursed through insurance and thus depend on fees, donations and our endowment income for support. Through our campaign, we seek to sustain critical components of our standard of care and support the development of new approaches.

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Support For Life-Enhancing Innovation

A MEMBER OF OUR COMMUNITY has said, “Until medicine proves otherwise, technology is the cure.” We agree that technology – along with other innovations – has a critically important role in improving lives.



The Boston Home has a rich tradition of being at the forefront of innovations that promote safety, personal independence, creativity and social connections. This is because our residents and the families have a strong voice in presenting their needs and guiding creative solutions. We’ve put their insights into practice through partnerships with the Massachusetts Institute of Technology CSAIL (Computer Science

Artificial Intelligence Lab, MIT AgeLab, Apple Computer, Biogen, Allergan, Sanofi-Genzyme, Massachusetts General Hospital, the National MS Society, the University of Concepcion in Chile, and others. These partnerships have created remarkable innovations such as:

- an iPad application that enables residents to have instant access to caregivers from any location;
- sensors for severely disabled individuals that track vital signs such as respiration and heart rate during sleep to improve safety and health; and
- a robotic wheelchair that can learn all about the locations in a given building, and then take its occupant to a given place in response to verbal commands.

Through our campaign, we are seeking to significantly increase funding for our innovation role.

**“Until medicine proves otherwise,
technology is the cure.”**

Support To Advance Caregiver Expertise

AS A LEARNING COMMUNITY we're in a strong position to help other professionals in our field. We operate an Institute that shares best practices and offers practical training for those who have chosen to focus their careers on serving individuals with disorders involving progressive disability.

Post-secondary students including medical interns, residents, physicians and PhD researchers benefit from training programs we conduct with MIT, Northeastern University, Simmons College, Tufts University and its medical school, Wentworth Institute of Technology, Boston University, Laboure College, University of Massachusetts Boston, Lesley University and Cambridge College.

Our annual forum for MS Clinical Fellows, co-sponsored with the National MS Society, brings together nationally recognized clinicians and researchers in every medical discipline to learn and share best practices employed by The Boston Home

and other communities dedicated to care of residents with advancing neurological diseases.

We partner with Jewish Vocational Services to provide on-site courses in ESOL and math for a workforce with a significant number of immigrants. With this support, many of our frontline staff can opt to qualify



for advanced positions such as Certified Nursing Assistants, Licensed Practical Nurses or Registered Nurses. This results in staff retention while advancing career and economic progress.

None of these activities are reimbursed and thus philanthropy must play a role in sustaining them. Through our campaign, we are seeking to increase income for field- and staff-building efforts.



THANK YOU

for being a close friend of The Boston Home.
We deeply appreciate your willingness to consider supporting this community and its important work.



“We could not have made it without you all,
and can never say thank you enough for all
that you have done.”





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