

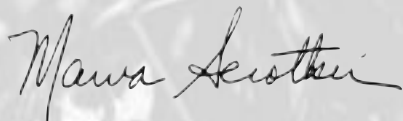
Right at Home (continued)

broader healthcare community. In addition, the committee enhances the capacity of TBH to foster greater awareness of ethical issues among residents, families and staff; to fairly resolve ethical conflicts; and to establish institutional policies that reflect our moral and ethical values.

Though the work of the committee is non-binding, the committee serves as a powerful resource for the community by performing three specific functions: case consultation, policy development, and education.

Chaired by TBH Trustee Cindy Bagley, M.Div., the committee now consists of 12 members representing a diversity of disciplines and backgrounds, including social service, nursing, medical, management, legal, religious, and the MS community.

Thanks to all committee members who have worked to create this important new dimension of care at The Boston Home. To request a committee consultation, you may contact our Social Service staff.



Marva Serotkin
Chief Executive Officer

WORDS ON WHEELS

Wind Over the Charles River

Wind over the River Charles. That's the way it started. The Hatch Shell and the National Anthem.

I sobbed. The National Anthem really touched me. The acoustics of the Hatch Shell are wonderful; I was impressed.

And Channel 5 was covering the MS Walk. Susan Wornick made the announcements and referral to September 11. That's one of the reasons I sobbed, too.

Apple blossoms white. Cherry blossoms pink. Oh, it was beautiful! Beautiful! What a beautiful place. . .Cold. . .but beautiful.

Susan Wornick is such a good speaker. What a beautiful voice she has. She was announcing our arrival for the MS Walk.

I did six miles on the Charles, being pushed by Maria. She's a nice person, and a good pusher, too.

A lot of people contributed thousands of dollars to the MS Walk. I was privileged to be a part of it! I'm still experiencing the afterglow. . .the kind of afterglow as when I went parachuting in Northampton.

Oh — and I can't forget the food! OH THAT CHILI! And I needed it — because I was chilly, before that chili. . .true, true, true.

And I came back to The Boston Home, and drank hot chocolate and beer. It was wonderful. And I enjoyed that movie, "Oh Brother Where Art Thou." Good movie!

What a day it was! From soup to nuts! Someone took my picture — a professional photographer with all the equipment — but he never announced who he was. I just assumed he was part of the MS magazine. I got 2 medals for the 6 miles I did!

Fallon helped us with the transport.

Well, all good things must come to an end. But I still feel the afterglow. It's like the formation of the universe. After the big bang, the afterglow.

LINDA STRENARI — BOSTON HOME RESIDENT



The Boston Home team relaxes after the annual MS Walk. — See photo spread on page 4.

Recognizing Our Special Residents



At an emotional Resident Appreciation Day, The Boston Home recently honored 26 very special people who have lived here nine years or more. Sr. Bridget Haase reflected on the treasures that these men and women have bestowed upon our Home. Each of the following residents has made The Boston Home the special place it is, and we celebrate the gifts they've shared with us:

ANNA HOLLAND, 28 years – Our “Grand Dame” is gentle and sweet...as faithful as the ivy plant presented to her by Lucille Haratsis.

MARY KEANEY, 21 years – She’s “A-OK” in our book.

ELEANOR FIDDLE, 20 years – She’s been singing for all that time.

DOLORES CALCAGNI, 20 years – She is a friend to us all.

ROSE ENNIS, 17 years – She is always perfectly groomed and ready for a party.

KRIS COFFMAN, 15 years – One of the sweetest persons you will ever know.

CAROL BROWN, 14 years – She has watched her daughters grow up, marry, and present her with grandchildren.

GERDI YOUNIS, 13 years – Speaks both German and English and loves classical music.

SALLY CARROLL, 11 years – She has never said a mean word about anyone.

SUSAN FRASER, 10 years – She moved here from her home in Dorchester, where she loved to cook.

MARY LAUER, 10 years – Hails from Pennsylvania by way of Winchester.

We were proud to honor all these wonderful women with ivy plants and certificates of appreciation.

Sadly, **EMILY DIPIETRO**, who lived here for 11 years, died just prior to the Appreciation Day. Emily will be sorely missed.

We would also like to acknowledge the following 15 residents who have been in residence since 1993, when the new building was completed: Barbara Reardon, Millicent Hill, Pat Dodos, Richard Kaplan (the first man to grace The Boston Home in recent history), Alan Shansky, Lillian Carr, Frank Calcagni, Helen Christopher, Tony Sauca, Barbara LaRoche, Lois Zaks, Joan Hinrichs, Michelle Hurley, Vicky Rockett, and Paul Hubbard.

How fortunate we are to have enjoyed the friendship of such special neighbors!



Congratulations to the following “newsmakers” in The Boston Home family:

Board of Trustees member **Kurt Rockstroh**, President, Steffian Bradley Associates, featured in the *Boston Business Journal*.

Ethics Committee member **Elizabeth Colburn-Moraites**, interviewed in *Hospital News*.

The Boston Home recently won the Hope Award for our Wellness/Spirituality Program. Social Workers **Shirley Peterson**, **Lucille Haratsis**, and **Norma Harrington** accepted the award at the Consortium of MS Centers Conference in Chicago.

Nurse leader **Judy Bellevue** won a scholarship to MS Conference in San Antonio, Texas.

Employees **Yanick Dorsin**, **Kathy Pavidis**, **Kamla Singh**, and **Maggie Viaud** were awarded the Kristen Vea Coffman and Family Scholarship.

The Boston Home Rocks!

During our recent Appreciation Week, “The Blues Brothers” (employees **Bob Barry** and **Don Fredette**), entertain residents and employees.

SALUTING RESIDENTS AND EMPLOYEES

A group of residents from The Boston Home recently completed the annual MS Walk, starting at the Hatch Shell in Boston. The day was an inspiring experience for residents, as expressed in “Words on Wheels” on page two.



Meanwhile, many Boston Home employees were recently recognized for their long-time service and for their career advancement.



At a recent luncheon, Boston Home staff honored present and past staff members who have worked here 25 years or more. Standing left to right: Cynthia Walsh, Bina Pillsbury, June Cercone, Rosemary Kenney, Shirley Peterson, Marva Serotkin, Mark Williamson. Seated left to right: Jackie Zyla, Glennie Perch.

As part of our state-funded career ladder training courses, the following Boston Home employees recently received certificates after graduating from a Quincy College Interpersonal Communications course. From left: Carline Joseph, Olava Cardoso, Kerry Donohue, Bea Turay, Clifford Cornley, Jesula Moise, Marie Abellard, Prisca Marcellus, and Marie Etienne.



RENOVATING OUR HOME



The renovation and expansion of The Boston Home is underway, starting with demolition and foundation work, with project completion scheduled for July 2003. These upgrades will allow us

to care for additional residents and help our existing residents become more independent. The project includes the following activities: link to new Activities Center; renovated kitchen, laundry, and bathrooms; 12 additional single rooms; expanded dining room; resi-

dent room renovations; and an expanded, resident-friendly rear terrace and garden.



Last day in the "old laundry" with Sonya Holley and Brian Joyce.

Our Staff

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CHIEF EXECUTIVE OFFICER
JAMES J. MAHONEY, MD, 617-825-3905
MEDICAL DIRECTOR
ROBERT BARRY, EXT. 253
FACILITIES MANAGEMENT
KEVIN BUCKLEY, EXT. 263
BUSINESS OFFICE
PAT COUGHLIN, EXT. 227
QUALITY IMPROVEMENT
ANNIE FOLEY, EXT. 303
REHABILITATION SERVICES
SALLY GORMAN, EXT. 299
VOLUNTEER & COMMUNITY RELATIONS
HELEN HALL, EXT. 232
ASSOCIATE DIRECTOR OF NURSING
LUCILLE HARATSI, EXT. 248
SOCIAL SERVICES
NORMA HARRINGTON, EXT. 300
CARE MANAGER, BRIDGES
MARY JO JOACHIM, EXT. 249
DIETARY
EVELYN KELLEHER, EXT. 233
EVENING SUPERVISOR
ROSEMARY KENNEY, EXT. 280
MDS COORDINATOR
JOHANNA LONGO, EXT. 235
WEEKEND SUPERVISOR
JEFF MEECH, EXT. 276
RESIDENT RECREATION
KATHY PAVIDIS, EXT. 272
STAFF DEVELOPMENT
SHIRLEY PETERSON, EXT. 248
SOCIAL SERVICES
CYNTHIA WALSH, EXT. 258
CLINICAL SERVICES
MARK WILLIAMSON, EXT. 259
HUMAN RESOURCES
HOUSEKEEPING/LAUNDRY, EXT. 234
FINANCIAL & ADMIN SERVICES, EXT. 294

HAPPENINGS AT HOME

Family Picnic

Our festive annual picnic on the grounds of The Boston Home takes place on August 25th, starting at noon. Please call Jeff Meech, ext. 276 to make reservations. We look forward to seeing you!

TRANSITIONS

We mourn the loss of **Emily DiPietro** and **Christine Gulla**.

Welcome to our newest residents, **Sonya Connelly** and **Margaret Cunningham**.

The "Original" Boston Home of 1881



The Boston Home

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WEB SITE

www.thebostonhome.org

Member of **AURUM**,
the Post-Acute Network

Summer Picnic August 25th!
Call to confirm!

Notes from Home

RIGHT AT HOME

ETHICS IS FOCUS OF NEW INITIATIVES

Members of long-term care communities—residents, families, staff, and trustees—often face complex ethical dilemmas. Until recently, long-term care communities didn't have organized forums to address these key issues. To fill this need, The Boston Home has established an Ethics Committee to further our mission: to foster the independence of residents who live in an environment that promotes innovation, service excellence, compassionate care, mutual regard, diversity, community citizenship, and responsibility.



MARVA SEROTKIN

Our committee advances these objectives by providing a forum to discuss moral and ethical issues related to resident care, development of the organization and its employees, and the implications of trends within the

(continued p. 2)

MEDICAL PROGRAM RECOGNIZED FOR TRADITION OF CARING

In the world of long-term care facilities, The Boston Home's medical program is a notable exception.

"What makes us different are continuity and frequency of care," says Medical Director James Mahoney, MD, who has been making "house calls" to TBH residents since 1978. Fellow internists Steven Carr, MD, and Mark Ostrem, MD, have been doing the same for 15 years; and Leslie Rigali, D.O. for 4 years. (Their predecessors—Seth Crocker, MD; Robert Putnam, MD; and Eugene McAuliffe, MD—were fixtures at TBH for nearly 30 years.)

"We're scheduled to be on-site two days a week but often stop in three or four days

"This is more physician coverage per patient per day than at any other nursing home."

a week," says Dr. Mahoney. "This is more physician coverage per patient per day than at any other nursing home." All internists are affiliated with both Milton and Carney Hospitals, except for Dr. Ostrem, who is affiliated with Carney only.

This commitment enables the physicians to develop strong, lasting relationships with TBH residents. For example, Dr. Mahoney has known resident Anna Holland for 24 years—since his first days at TBH.

Since all medical matters can't be handled on TBH premises, the physician sends residents to a local emergency room when warranted. And for specialized treatment, residents may opt to visit an appropriate facility. For x-rays, residents may be sent off-site, or a technician brings a portable x-ray machine to TBH. Blood is drawn here at TBH by a Carney lab technician.

"What's distinctive about our medical program is our doctors' special caring and dedication, including their clinical expertise in MS and other degenerative neurological diseases...along with their guidance regarding standards of care," says Marva Serotkin, CEO

Nearly a quarter-century since his arrival, Dr. Mahoney can still recall his first day at TBH: "The first resident I met was Ruth Gardner. She had been a teacher, and she had a blackboard and a desk in her room so she could keep tutoring children with dyslexia. This is the type of thing that makes you feel so positive about this place. I have a lot of love for TBH."

The expansion and modernization project at TBH is underway. Outside, construction has begun on a three-story infill; inside, major work includes the laundry, kitchen, and new activities room. Please read the signs and avoid construction areas. See photo spread in this newsletter for more highlights, and thanks for your cooperation!

Giving our Home a new look—See related story on page 5.

